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## **Cohen Veterans Network Expands Services Throughout the State of Texas to Help Address the Epidemic of Veteran Suicide**

*CVN is bringing tailored, evidence-based treatment to clients from the comfort of their own homes via telehealth*

**Dallas, TX., February 8, 2018** – More than 350,000 post-9/11 Texas veterans will now be able to receive customized life-saving mental health care at no or low-cost statewide through Cohen Veterans Network telehealth services.

CVN Telehealth removes wait times and geography as barriers to care in Texas by allowing timely access for anyone seeking help. Telehealth access will extend to additional states later in the year. Veterans and their families often face transition challenges including depression, relationship issues and anxiety. And, reportedly 20 veterans a day die by suicide, most of which are never seen by the VA.

Post 9/11 veterans within the state of Texas can call 1-833-CVN-VETS at any time to make an appointment. Clients can connect with a Cohen Clinic therapist for an appointment over a smartphone, on a computer, or a tablet with video capabilities.

“This is another strong step forward for the network. We will soon have four clinic locations in Texas, and we are constantly looking for ways to reach post-9/11 veterans beyond our immediate service areas,” said CVN President & CEO Dr. Anthony Hassan. “Telehealth allows us to bridge that gap, reaching veterans in rural areas, while empowering our clients to get better in a way that fits their schedule and lifestyle.”

The expected wait between first contact and a first appointment at a Steven A. Cohen Military Family Clinic is less than one week. For anyone in crisis, the Cohen Clinics will schedule same day appointments.

CVN Telehealth was first piloted from the Cohen Clinic at Metrocare in Addison. Clinics in San Antonio, El Paso, and soon Killeen will also provide care on the HIPAA compliant, secure platform.



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Telehealth treatment is available for a variety of mental health issues: Depression, anxiety, PTSD, adjustment issues, anger, grief & loss, family issues, transitional challenges, relationship problems, and child behavioral problems.

“Studies have consistently shown that the quality of healthcare services delivered via telehealth are as good as those given in traditional in-person consultations. Not only does telehealth improve access to patients but it also allows physicians and health facilities to expand their reach beyond their own offices,” according to the American Telemedicine Association.

## **ABOUT THE COHEN VETERANS NETWORK**

The Cohen Veterans Network is a 501(c)(3) national non-profit, clinically integrated mental health system for post-9/11 veterans and their families. CVN focuses on improving mental health outcomes, with a goal to build a network of outpatient mental health clinics for veterans and their families in high-need communities, in which trained clinicians deliver holistic evidence-based care to treat mental health conditions. Learn more about the [Cohen Veterans Network](#).

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