“Had it not been for Cohen Clinic, I wouldn’t be here.”

FORMER CLIENT

A Case for Support

HOW YOU CAN HELP VETERANS AND MILITARY FAMILIES THROUGH CHALLENGES
A Veteran Mental Health Crisis

More than 3.2 million men and women have served our nation since the events of 9/11, with hundreds of thousands transitioning to civilian life each year. Despite the sacrifices veterans and their families have made in service to the nation, the mental health services provided to them by government and civilian providers are often difficult to access or inadequate to meet the fundamental needs of veterans and military families. There is a veteran mental health crisis in America that needs support to increase access to high quality care for our veterans and military families.

Filling the Gaps in Care

Invisible wounds are just as difficult to heal as physical wounds – and treating them is just as important. Through our national not-for-profit, philanthropic network of Steven A. Cohen Military Family Clinics, veterans and their families are eligible for low-to no-cost, personalized, and evidence-based mental health care, along with access to comprehensive referrals for other issues such as unemployment, finances, housing, and legal issues.

Studies show that 40% of returning veterans who come home with mental health issues are not receiving care.

(Source: national studies conducted by University of Southern California’s Center for Innovation and Research on Veterans & Military Families)

“The wounds of war are serious. It is not easy to serve your country and come back into society seamlessly – especially if you are suffering.”

Steven A. Cohen
Founder, Cohen Veterans Network

Steven Cohen (center) was honored by the Marine Corps—Law Enforcement Foundation for his commitment to veterans and their families.
THE CVN DIFFERENCE

The Cohen Veterans Network (CVN) is a 501(c)(3) national, clinically integrated mental health system for post-9/11 veterans and their families. The goal of CVN is to build a network of customized, outpatient clinics for veterans and their families in high-need communities, with trained clinicians who deliver holistic evidence-based care to improve mental health outcomes of the people we serve.

94% OF CLIENTS SURVEYED REPORTED THEIR FIRST APPOINTMENT WAS AS SOON AS THEY WANTED IT.

The network complements services available in each city from public and private providers. CVN leverages a best-in-class training program featuring partnerships with renowned organizations such as the Center for Deployment Psychology, the VA, the Beck Institute and more.

WHO WE SERVE

★ Veterans
Anyone who has served in the United States Armed Forces, regardless of role while in uniform, discharge status, or combat experience. This includes the National Guard and Reserves.

★ Family
Family is defined by the veteran and includes parents, siblings, spouses, partners, children, caregivers and others.

EASY ACCESS TO CARE

★ Low-to No-Cost Treatment
All post-9/11 veterans and their families are eligible for treatment, regardless of insurance or the ability to pay.

★ Same-Day Intake and No Long Waits
The Cohen Clinics have short wait times and for those in crisis, our Cohen Clinics will schedule an appointment on the same day they are contacted.

“A lot of times we as veterans marginalize the invisible wounds, when they are every bit as significant if not more so debilitating than the physical ones…It’s bothered me when friends thought the invisible wounds aren’t as important as the physical wounds. This is where it’s important to have CVN, to have a network throughout the U.S. where veterans can get mental health care to overcome those challenges…”

RYAN PITTS
VETERAN, MEDAL OF HONOR RECIPIENT AND CVN AMBASSADOR
**HOW WE WORK**

**WHAT WE TREAT**

Our Cohen Clinics offer short-to-medium term, customized therapy for a variety of mental health issues. Our care is centered on therapy and consulting options that are the current, best practices available based on research. We treat Depression, Anxiety, Post-Traumatic Stress Disorder, Adjustment Issues, Anger Management, Grief and Loss, Couple’s Counseling and Family Issues, Transition Challenges, Relationship Problems, and Children’s Behavioral Problems.

**GUARANTEED CONFIDENTIALITY**

We will not share confidential information with the U.S. Department of Veterans Affairs (VA) or other public, private, or government entities unless requested by the client or required by law. We comply with federal guidelines set by the Health Insurance Portability and Accountability Act (HIPAA).

**GENUINE CARE**

Our skilled clinicians and staff have been trained to work specifically with veterans and their families, and most are veterans themselves. We build the trusting and confidential relationships necessary to provide excellent, personalized care.

“It is incredibly difficult to go back home and just switch it off. I admitted I needed help — and here I am today, and everything is OK. Maybe I can use my example to encourage a veteran or a family member that it’s going to be OK. If I can do it, they can do it…”

**KYLE WHITE, VETERAN, MEDAL OF HONOR RECIPIENT AND CVN AMBASSADOR**
The Cohen Clinics Have Treated More Than...

10,000+ CLIENTS

Our Clients

56% 44%
FAMILY MEMBERS VETERANS

26% 74%
FEMALE VETERANS MALE VETERANS

Improvements in Quality of Life

95%
OF CLIENTS SURVEYED REPORTED AFTER TREATMENT THAT THEY COULD NOW “EFFECTIVELY DEAL WITH MY PROBLEMS.”

96%
OF CLIENTS SURVEYED WOULD RECOMMEND A COHEN CLINIC TO A VETERAN, FAMILY MEMBER, OR FRIEND.

86%
OF CLIENTS SURVEYED REPORTED THEY WERE SATISFIED WITH THEIR QUALITY OF LIFE AFTER TREATMENT.

SOURCE: DATA FROM CVN’S ELECTRONIC HEALTH RECORD AND CLIENT EXPERIENCE SURVEYS AS OF NOVEMBER 2018

“Without this clinic, I can’t say where I would be right now,” said Rama, veteran and Cohen Clinic client. “This clinic has flexible schedules, warm people, customized treatment, and even marriage counseling — because we bring a lot of this stuff home without even realizing it.”

RAMA, ARMY VETERAN
GROWING THE NETWORK

Cohen Veterans Network is growing across the country. By 2017, seven clinics were opened. By the end of 2018, 10 clinics were launched, and by 2020, all the planned 25 clinics will be established. Clinic locations are selected based on current demand, opportunity, and finding a community organization partner.

By 2021, Cohen Clinics expect to have served more than 35,000 veterans and their family members. Moreover, the network participates in the VA Choice and TRICARE Programs to serve many more veterans.
PARTNERSHIP OPPORTUNITIES

SUPPORT OUR VETERANS & THEIR FAMILIES

CVN will be able to serve about 35,000 clients in its first 5 years, but there are currently 3.2 million post-9/11 veterans in America. CVN is actively working to secure local and national philanthropic support as part of a long-term sustainment strategy. Such support will sustain, advance, and endow our Cohen Clinics now and into the future, as we open 25 clinics across the country and support additional clients in rural areas.

HOW YOUR SUPPORT WILL MAKE A DIFFERENCE

★ Access to Care ★
• Increase appointment availability
• Future clinic expansion
• Operating established clinics

★ Training ★
• Training sessions for our staff to improve the assessment and treatment of our clients
• Public webinars

★ Telehealth ★
• Providing online therapy for clients unable to travel to the clinics
• Extending the reach of care in rural areas
• Facilitating technology for online therapy sessions

★ Charity Funding ★
• Directly assisting with clients’ co-pays
• Caregiver support
• Pharmaceutical support
• Child care and transportation

★ Research ★
• Helping clients get better by continuously using our data to identify opportunities to improve
• Collaborating with other scientists and veteran service organizations to identify and test new and novel approaches to positively change veterans’ lives

★ Scholarships ★
• Stipends for field placements to ensure quality clinical training in veteran mental health care
• Social Work Fellows Program (post-graduate and pre-licensure fellowship for advanced training)

★ Community Connection ★
• Life skills classes
• Group therapy
• Participate in and host community events

“As a veteran myself, I understand the difficulty veterans and their families face when transitioning back into civilian life. I know that my gift to CVN will directly help my sisters and brothers receive the help they need to recover from the invisible wounds and stresses of war.” ELIZABETH A. BOWERMANN
“As a veteran and mental health professional, it is my honor to lead this organization and support you. No veteran or family member should suffer alone. We are here to help.”

ANTHONY HASSAN, ED.D, LCSW, PRESIDENT & CEO, COHEN VETERANS NETWORK

We welcome the opportunity to discuss philanthropic partnerships with you.

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