



FOR IMMEDIATE RELEASE

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Cohen Veterans Network Opens Mental Health Clinic in Virginia Beach for Post-9/11 Veterans and Military Families, A First in the Commonwealth of Virginia

New Resource for more than 200,000 Post-9/11 Veterans and Military Families

VIRGINIA BEACH, VA – August 6, 2019 – Today the [Cohen Veterans Network](#) (CVN) announced the grand opening of the [Steven A. Cohen Military Family Clinic at The Up Center](#) at 828 Healthy Way in Virginia Beach, VA. The new clinic offers comprehensive high-quality mental health services accessible to the more than 200,000 post-9/11 veterans and military families in Hampton Roads, regardless of discharge status, length of service or combat experience.

CVN, a not-for-profit philanthropic organization, is a nationwide network of clinics supporting post-9/11 veterans and military families with mental health services. The Cohen Clinic at The Up Center is the first of its kind in the Commonwealth of Virginia and serves veterans and military family members across the state through CVN Telehealth - face-to-face video therapy. With this opening, the network now has 14 clinics in operation across the country.

“The Up Center is an ideal partner match for our organization and promises to help fill gaps in care in this community and across Virginia,” said CVN President & CEO Dr. Anthony Hassan. “We expect to make a significant impact by providing customized life-saving mental health care. Our goal is to help save lives, save families, and save futures.”

The clinic is expected to serve more than 500 clients in its first year with services available to all post-9/11 veterans and their family members, as well as the families of active duty service members. For those in crisis, the Cohen Clinic at The Up Center schedules same-day appointments. For non-crisis appointments, 94% of CVN clients surveyed across the network report “getting a first appointment as soon as they wanted it.” Treatments are available for a variety of mental health issues including depression, anxiety, PTSD, adjustment issues, anger, grief & loss, family issues, transitional challenges, relationship problems, and child behavioral problems.

“Our doors at the Cohen Clinic at The Up Center are open to all post-9/11 veterans and military family members,” said Clinic Director Dr. Iman Williams Christians. “We provide treatment via telehealth, transportation to the clinic, onsite childcare, same-day appointments for those in crisis and services at no cost for those without insurance - all in an effort to break down barriers to care.”



“We are proud of this partnership with Cohen Veterans Network. It allows us to expand our capacity to serve veterans and military families who are ubiquitous with our community,” said Tina Gill, President & CEO of The Up Center. “We are very closely aligned with the work of CVN and are hopeful the clinic’s physical and virtual presence will help reduce barriers to mental health care.”

Honorable attendees at today’s grand opening event included U.S. Rep. Elaine Luria, Virginia Beach Mayor Bobby Dyer, former U.S. Rep. Scott Taylor, Medal of Honor recipient former U.S. Army Sgt. Kyle White, and Dr. Hassan.

ABOUT THE COHEN VETERANS NETWORK

The Cohen Veterans Network is a 501(c)(3) national nonprofit, clinically integrated mental health system for post-9/11 veterans and their families. CVN focuses on improving mental health outcomes, with a goal to build a network of outpatient mental health clinics for veterans and their families in high-need communities, in which trained clinicians deliver holistic evidence-based care to treat mental health conditions. Learn more about the Cohen Veterans Network at cohenveteransnetwork.org

ABOUT THE UP CENTER

The Up Center, headquartered in Norfolk, VA, is the region’s oldest and largest nonprofit family services agency dedicated to helping people live better lives. Founded in 1883, the agency responds to the needs of our community’s most vulnerable citizens by providing comprehensive, effective, and innovative services in four core areas: protecting children, strengthening families, empowering people in crisis, and maximizing independence for those with disabilities. Learn more about The Up Center at theupcenter.org.

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Visit the Cohen Veterans Network Website: cohenveteransnetwork.org

Visit the Cohen Clinic at The Up Center: theupcenter.org/cohenclinic

Follow the Cohen Clinic at The Up Center on Social Media: [Facebook](#) and [Twitter](#).

Media Contacts:

Vanessa Coria
vanessa@themeridiangroup.com
757.340.7425 office
757.642.0667 cell

Kate Sullivan
kate.sullivan@cohenveteransnetwork.org
203.569.0293 office
646.879.1148 cell