



---

## The Latest on Cohen Veterans Network *(April 6, 2020)*

Cohen Veterans Network is a **not-for-profit philanthropic organization** which publicly launched in April of 2016. View the current map of 15 [Steven A. Cohen Military Family Clinics](#).

### **State of mental health in America**

Anxiety, Depression, Insomnia: [New Study Reveals](#) COVID-19 is Having an Impact on Americans' Mental Health. Key findings:

- 70% of Americans are worried about their physical health due to COVID-19, and **58% of Americans are concerned about their mental health** because of social distancing.
- Two-thirds (64%) of Americans **report feeling anxious**, yet only one in six (14%) households have accessed mental health care as a result of the pandemic.
- Eight in ten (81%) report feeling the pandemic will have a **negative impact on the mental health of Americans**.
- 90% of Americans are concerned about the American economy, while 50% are **concerned about their employment status**. One in five (21%) Americans indicated they lost a job over the past two weeks.

### **Current results across the network**

- Cohen Clinics have treated **more than 16,000 clients** across the country from April 2016 to date.
- In just the last four weeks the network has seen a **562% increase** in CVN Telehealth sessions.
- For the week ending April 3, the Cohen Clinics delivered **1,465 clinical sessions via [CVN Telehealth](#)**.
- For the month of March there were **more than 2,700 telehealth sessions** across the network.
- The network is treating the **entire military family - 50% of our clients are non-veterans**. We are treating parents, siblings, spouses or partners, children, caretakers, and others.
- Among all clients, **women represent 50% of the population**. Among just veteran clients, **women make up 28%** of the group. This percentage is more than two times the size of the female veteran population in the United States.

### **ABOUT CVN**

Our Steven A. Cohen Military Family Clinics treat a variety of mental health issues including depression, anxiety, post-traumatic stress, adjustment issues, anger, grief and loss, family issues, transition challenges, relationship problems, and children's behavioral problems. The high-quality care is confidential and accessible. For more information: <https://www.cohenveteransnetwork.org/press/>

**MEDIA CONTACT:** [Communications@cohenveteransnetwork.org](mailto:Communications@cohenveteransnetwork.org)