The Latest on Cohen Veterans Network (April 6, 2020)

Cohen Veterans Network is a not-for-profit philanthropic organization which publicly launched in April of 2016. View the current map of 15 Steven A. Cohen Military Family Clinics.

State of mental health in America

Anxiety, Depression, Insomnia: New Study Reveals COVID-19 is Having an Impact on Americans’ Mental Health. Key findings:

- 70% of Americans are worried about their physical health due to COVID-19, and 58% of Americans are concerned about their mental health because of social distancing.
- Two-thirds (64%) of Americans report feeling anxious, yet only one in six (14%) households have accessed mental health care as a result of the pandemic.
- Eight in ten (81%) report feeling the pandemic will have a negative impact on the mental health of Americans.
- 90% of Americans are concerned about the American economy, while 50% are concerned about their employment status. One in five (21%) Americans indicated they lost a job over the past two weeks.

Current results across the network

- Cohen Clinics have treated more than 16,000 clients across the country from April 2016 to date.
- In just the last four weeks the network has seen a 562% increase in CVN Telehealth sessions.
- For the week ending April 3, the Cohen Clinics delivered 1,465 clinical sessions via CVN Telehealth.
- For the month of March there were more than 2,700 telehealth sessions across the network.
- The network is treating the entire military family - 50% of our clients are non-veterans. We are treating parents, siblings, spouses or partners, children, caretakers, and others.
- Among all clients, women represent 50% of the population. Among just veteran clients, women make up 28% of the group. This percentage is more than two times the size of the female veteran population in the United States.

ABOUT CVN

Our Steven A. Cohen Military Family Clinics treat a variety of mental health issues including depression, anxiety, post-traumatic stress, adjustment issues, anger, grief and loss, family issues, transition challenges, relationship problems, and children’s behavioral problems. The high-quality care is confidential and accessible. For more information: https://www.cohenveteransnetwork.org/press/

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