



## High-Quality, Accessible Mental Healthcare Coming to Post-9/11 Veterans and Military Families in Memphis

The Steven A. Cohen Military Family Clinic at Centerstone in Clarksville is expanding its reach into the state's second most populous city

**NASHVILLE, Tenn., May 28, 2020** — Moving to meet a crucial need for an underserved population, today Cohen Veterans Network (CVN), a not-for-profit philanthropic organization that serves post-9/11 veterans and their families, and Centerstone, a national leader in behavioral healthcare, committed to treating post 9-/11 veterans and military families in Memphis, Tennessee.

There are more than 9,400 post-9/11 veterans in Shelby County, where Memphis is located. The Steven A. Cohen Military Family Clinic at Centerstone in Clarksville will serve this population and their families remotely via <a href="CVN Telehealth">CVN Telehealth</a>. In addition, there are 1,400 dependents of active-duty service men and women, another population the clinic will treat.

"We are very proud of our accomplishments in Clarksville and the surrounding areas. There is a demonstrated need for services like ours in Memphis, and we will deliver treatment for a range of issues including depression, stress, post-traumatic stress, sleep problems, anxiety disorders, anger and more," said Lisa Eggebeen, Clinic Director. "Our services are provided by culturally competent professionals who are trained to work specifically with veterans and their families—and to deliver that care remotely."

Centerstone and Cohen Veterans Network first partnered on the <u>Steven A. Cohen Military Family Clinic</u> <u>at Centerstone</u> in Clarksville, Tennessee, which opened in August 2018. To date, that clinic has helped more than 1,600 clients. Like all 15 Cohen Clinics around the country, the Clarksville location has transitioned nearly all of their clients to receiving care via telehealth due to COVID-19.

"Our entire network of clinics pivoted quickly during the pandemic to deliver care online via telehealth. We have seen a 700% increase in telehealth usage across all clinics," said Dr. Anthony Hassan, CVN President & CEO. "We are continuing to look at ways to leverage this technology to care for more clients, and the commitment in Memphis is a great example of our intentions."

Staff members of the Cohen Clinic in Clarksville have spent time in the past year in Memphis, building referral partnerships with organizations such as the Memphis VA, Alpha Omega Veteran Services, American Job Center, and Tennessee Suicide Prevention Network. This will allow the clinic to offer full case management services remotely, connecting clients to services that may help fill other needs such as food insecurity and employment services.

Any post-9/11 veteran and their family members, as well as family members of active-duty service men and women, may contact the Cohen Clinic at (931) 221-3850 or cohen@centerstone.org.

## **About Cohen Veterans Network**

The Cohen Veterans Network is a 501(c)(3) national nonprofit, clinically integrated mental health system for post-9/11 veterans and their families. CVN focuses on improving mental health outcomes, via a network of outpatient mental health clinics for veterans and their families in high-need communities, in which trained clinicians deliver holistic evidence-based care to treat mental health conditions. Learn more about the Cohen Veterans Network at cohenveteransnetwork.org

## **About Centerstone**

Centerstone is a not-for-profit health care organization dedicated to delivering care that changes people's lives. We are a nationally recognized leader, providing mental health and substance use treatment, related crisis care, education and support to people of all ages in communities in Florida, Illinois, Indiana, Kentucky and Tennessee. Nationally, we offer specialized care for service members, veterans and their loved ones, and develop employee assistance programs for businesses of all sizes. Our research institute improves behavioral health care through research, evaluation and technology, and our foundation secures philanthropic resources to support our work. For more about Centerstone, please call (888) 291-4357 or visit centerstone.org.

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