

CVN's February 2022 Clinical Webinar

Webinar Title: Coping with Race-Based Stress and Racial Trauma

Webinar Description: Providers will be provided with resources and knowledge to recognize how race-based stress and trauma affects BIPOC Veterans. Racial and ethnic disparities have been identified as a national problem by multiple national health agencies, which require unique and targeted interventions. At the end of this webinar, staff in attendance will begin developing the knowledge to assess and appropriately intervene with Veterans experiencing race-based stress and trauma.

Target Audience: Behavioral health providers

Instructional Level: Intermediate

Learning Objectives: Following this webinar, participants will be able to:

1. Identify the impacts of race based stress and trauma
2. Describe assessments available for race based stress
3. Describe interventions for addressing race-based stressors



Presenter: Maurice Endsley, Ph.D. obtained a doctoral degree in clinical psychology from the University of Missouri – St. Louis with an emphasis in Behavioral Medicine. He completed his internship and post-doctoral training within Veterans Health Administration. He has specialized training in multicultural and health psychology and has worked with Veterans for most of his career. Dr. Endsley has been providing health psychology interventions to diverse populations in primary care and oncology. In addition, he is a co-developer and lead consultant of a race-based stress and trauma intervention. Much of his research investigations focused on the impact of race-related stressors, including discrimination on the mental and physical health of people of color. He has experience and expertise providing a role as a clinical psychologist on prior research studies and serving as a mentor for a research project investigating the effects of race-based stress interventions.

Participation Information:

- **Fee:** This webinar is available free of charge
- **Registration:** Registration through Zoom is required. You may register online at https://zoom.us/webinar/register/WN_eLYPS-X_Q6mM1xl_GsmkHg
- **System Requirements:** This webinar will be held online via Zoom Communications. If you are unfamiliar with Zoom, we HIGHLY recommend testing your computer and network with the following link: <https://zoom.us/test>
- **Course Interaction:** This webinar will be held via the Zoom Webinar format. Participants will be able to ask typed questions via the chat function, but will not be on camera or able to share audio. There will be opportunity for Q&A and sharing of questions is encouraged.
- **Questions, comments, concerns, grievances, and requests for accommodation:** Please email the training team at training@cohenveteransnetwork.org.

CE Information:

Participants who complete this training in its entirety will be eligible for 1 CE. Cohen Veterans Network is approved by the American Psychological Association to sponsor continuing education for psychologists. Cohen Veterans Network maintains responsibility for this program and its content.

Cohen Veterans Network, provider #1648 is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved as ACE providers. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Cohen Veterans Network maintains responsibility for this course. ACE provider approval period: 3/31/21-3/31/24. Social workers completing this course receive 1 continuing education credit.

In order to receive CEs, participants will need to register, attend the webinar in its entirety, complete the post-webinar evaluation survey and pass the post-test. The post-webinar evaluation and post-test will be provided online via SurveyMonkey; the link will be emailed to all registrants following the webinar. Participants will have two weeks to complete the survey. CE Certificates will be emailed two weeks following the webinar. For any questions related to the CE process, please email training@cohenveteransnetwork.org.