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## **Cohen Veterans Network Challenges Military Couples to Put Their *Love in Action***

*Drawing from experience with over 17,000 individuals in couples therapy, CVN provides military couples with practical tools to strengthen relationships*

**Stamford, CT., Feb. 12, 2025** – Cohen Veterans Network (CVN), a national not-for-profit network of mental health clinics for post-9/11 veterans, service members, and their families, announced today the launch of [Love in Action: A Military Couples Challenge](#), a new awareness campaign designed to provide military couples with tools and resources to strengthen their relationships while navigating the demands of military life. Since its inception in 2016, CVN has been committed to supporting military couples with over 17,000 individuals in couples therapy.

Military couples face distinct challenges, including long separations and frequent moves. On average, service members are required to relocate every two to four years as part of their military service. Such obligations, combined with the day-to-day stressors of military life, can test even the strongest relationships – a reality experienced firsthand by many of the more than one million active duty service members, 15 million veterans, and their partners.

"Military couples are the foundation of strong and resilient families, yet they often face unique challenges that can strain their relationships," said Cohen Veterans Network president and CEO Dr. Anthony Hassan. "Through this campaign, we aim to empower military couples with practical tools to strengthen their partnerships and navigate life's stressors together."

At the center of [Love in Action: A Military Couples Challenge](#) is a Relationship Checklist. It is designed to help couples easily evaluate key aspects of their relationship such as communication and conflict resolution. Once couples identify areas for improvement, they're "challenged" to utilize actionable strategies to help deepen their connection.

"Healthy relationships are fundamental to overall mental well-being," said Dr. Hassan. "CVN is focused on supporting military couples in ways that strengthen their ability to thrive, both individually and as a team."

Since 2016, CVN has treated 80,000 clients and provided over 700,000 clinical sessions. In addition to relationship challenges, the network treats a wide variety of mental health concerns including depression, anxiety, transition challenges, adjustment issues, anger, PTSD, grief and loss, family issues, and children's behavioral problems. Care is available through the network's 22 [Cohen Clinics](#) serving 20 states in-person and via CVN Telehealth, face-to-face video therapy.

Cohen Clinic B-roll and CVN map are available [here](#).

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**ABOUT COHEN VETERANS NETWORK**



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Cohen Veterans Network (CVN) is a 501(c)(3) national not-for-profit philanthropic organization for post-9/11 veterans, active duty service members and their families. CVN focuses on improving mental health outcomes, operating a network of outpatient mental health clinics in high-need communities, in which trained clinicians deliver holistic evidence-based care to treat mental health conditions. It was established in 2016 by philanthropist Steven A. Cohen with a commitment of \$275 million to build the network. Learn more about CVN at [cohenveteransnetwork.org](http://cohenveteransnetwork.org).

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