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Cohen Veterans Network Launches New Deployment Support Resource for Military Families

New online tool offers expert guidance and resources to help military families navigate each stage of the deployment cycle

Stamford, Conn., August 24, 2026 — As military families across the country navigate the challenges of deployments and extended military assignments, [Cohen Veterans Network](#) (CVN), a global not-for-profit integrated network of mental health clinics for post-9/11 veterans, service members and their families, today launched a new [Military Family Deployment Support Resource](#). The free online tool provides expert guidance and practical resources for families preparing for deployment, managing time apart and adjusting during reintegration.

More than 2.6 million military families live across the United States. For many military families, deployments, training exercises and other periods of separation can bring significant emotional and practical challenges, from managing increased responsibilities at home to adjusting family routines and roles. Research shows that deployments are consistently identified as one of the most stressful aspects of military life for service members and spouses alike.

“Deployments can place significant demands on military families and often result in uncertainty and stress,” said Dr. Anthony Hassan, president and CEO of Cohen Veterans Network. “From preparing for separation to reconnecting after a deployment ends, each stage brings unique challenges. To help families along the way, we’ve developed this resource so they feel better informed, prepared and supported.”

Built to address the wide range of challenges military families may face throughout the deployment cycle, the [tool](#) offers expert-informed guidance and resources on preparing children for separation, staying connected during periods apart, managing stress and navigating reintegration when a service member returns home.

For families seeking additional support, CVN offers high-quality, accessible mental health care through its 23 [Cohen Clinics](#) serving 22 states and the District of Columbia and [five clinics on U.S. military bases in Asia](#) opening soon. CVN treats a wide variety of mental health concerns, including depression, anxiety, military transition challenges, anger, PTSD, grief and loss, family issues, relationship problems, and children’s behavioral problems. Therapy options include individual, couples, family, and group sessions. Care is available in-person and via CVN Telehealth, face-to-face video therapy. Since its inception in 2016, the



network has treated over 106,000 clients and delivered over 953,000 clinical sessions.

To learn more about the Military Family Deployment Support Resource, visit cohenveteransnetwork.org/deployment.

Cohen Clinic b-roll is available [here](#).

ABOUT COHEN VETERANS NETWORK

Cohen Veterans Network (CVN) is a 501(c)(3) global not-for-profit philanthropic organization for post-9/11 veterans, active-duty service members, and their families. CVN focuses on improving mental health outcomes, operating a network of outpatient mental health clinics in high-need communities, in which trained clinicians deliver holistic evidence-based care to treat mental health conditions. It was established in 2016 by philanthropist Steven A. Cohen with a commitment of \$275 million to build the network. Learn more about CVN at cohenveteransnetwork.org.